

Dublin vegetarian & vegan friendly eating out

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| Acapulco | Mexican | 7 South Great Georges Street D2 | +353 1 6771085 |
| Aya | Japanese | Clarendon Street D2 | +353 1 6771544 |
| Aya | Japanese | 51a Main St, Donnybrook D4 | +353 1 2195780 |
| Aya | Japanese | Custom House Square, Mayor Street, IFSC D1 | +353 1 6721852 |
| Cafe Irie | Cafe | Fownes Street, Temple Bar D2 | +353 1 672 5090 |
| Cafe Mao | Asian Fusion | 2-3 Chatham Row D2 | +353 1 6704899 |
| Chili Club | Thai | 1 Anne's Lane, South Anne Street D2 | +353 1 677 3721 |
| Epicurean Food Hall | Everything! | Entrances at 46 Middle Abbey Street & 13-14 Liffey Street D1 | |
| Irish Film Centre | Irish | 6 Eustace Street, Temple Bar D2 | +353 1 6778788 |
| La Trastevere | Italian | Unit 1, Temple Bar Sq D2 | +353 1 6708343 |
| Montys of Kathmandu | Nepalese | 28 Eustace Street, Temple Bar | +353 1 670 4911 |
| Pad Thai | Thai | Richmond Street, Portobello D6 | +353 1 475 5551 |
| The Cedar Tree | Lebanese | 11a St Andrew's Street, off Wicklow Street D2 | +353 1 677 2121 |
| The Chameleon | Indonesian | 1 Lower Fownes St D2 | +353 1 6710362 |
| Tiger Becs | Thai | Downstairs at La Stampa, 35 Dawson St D2 | +353 1 677 4444 |
| Wagamama | Japanese | South King Street D2 | +353 1 478 2152 |
| Yamamori Noodles | Japanese | 71 South Great Georges Street D2 | +353 1 475 5001 |
| Zen Oriental Garden | Chinese | 89 Upper Rathmines Road, Rathmines D6 | +353 1 497 9428 |

Vegan & Vegetarian Pocket Guide to Ireland

For full descriptions, reviews and ratings, see the Vegan and Vegetarian Guide to Ireland on the web at:

<http://vegans.frommars.org/>

Eating out vegetarian and vegan

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| Belfast | V2go | FCK 4 The Food Court, Castle Court Centre, Royal Avenue | +44 7779 806983 |
| Cork | Cafe Paradiso | 16 Lancaster Quay, Western Road | +353 21 277939 |
| Cork | Quay Co-op | 24 Sullivan's Quay | +353 21 4317026 |
| Dublin | Blazing Salads | 42 Drury Street, D2 | +353 1 6719552 |
| Dublin | Cornucopia | 19 Wicklow Street, D2 | +353 1 6777583 |
| Dublin | Fresh | Top floor, Powerscourt Townhouse Centre, South William Street, D2 | +353 1 6719552 |
| Dublin | Govinda's | 4 Aungier Street, D2 | +353 1 4750309 |
| Dublin | Juice | 73 South Great Georges Street, D2 | +353 1 4757856 |
| Kerry | An Taelann | 7 Bridewell Lane, New Street, Killarney | +353 64 33083 |
| Kerry | Brats | 18 Milk Market Lane, Tralee | |
| Kerry | Smeara Dubha | Dingle | +353 66 51465 |
| Kerry | The New Delight | 18 Henry Street, Kenmare | +353 64 42350 |
| Limerick | The Grove | 11 Upper Cecil Street | +353 61 410084 |



Vegetarian & vegan accommodation

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| Antrim | Ahimsa | 243 Whitepark Road, Bushmills | +44 28 2073 1383 |
| Cavan | Bavaria House | Garrymore, Ballinagh | +353 49 4337452 |
| Co. Cork | Green Lodge | Trawnamadree, Ballylickey, Bantry | +353 27 66146 |
| Kerry | The Phoenix | Shanahill East, Boolteens, Castlemaine | +353 66 56315 |
| Limerick | Cussens Cottage | Ballgreenan, Bulgaden, Kilmallock | +353 63 98926 |
| Mayo | Boheh Loughs | Liscarney, Westport | +353 98 21797 |
| Mayo | Clare Island Yoga Retreat Centre | The Healing Path, Ballytoughey, Clare Island | +353 98 25412 |
| Sligo | Saru | Tonaphubble Lane, Tonaphubble, Sligo | +353 71 70518 |

Vegetarian & vegan friendly accommodation

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| Co. Cork | Mont Bretia | Adrigole Townland, Skibbereen, West Cork | +353 28 33663 |
| Donegal | Clady View | Coshclady, Bunbeg | +353 74 9560789 |
| Dublin | Noeleen Bryan | 25 Finglas Road, Glasnevin, D11 | +353 1 8301375 |



Belfast vegetarian & vegan friendly eating out

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| Ba Soba | Japanese | 38 Hill St BT1 2LB | +44 28 90586868 |
| Belfast | Cafe | Ballynaveigh Community House, 283 Ormeau Road | |
| Food Co-op | | | |
| La Tasca | Spanish | Odyssey Pavilion BT3 9QQ | +44 28 90738241 |
| Little India | Indian | 53A Dublin Road BT2 7HE | +44 28 90583040 |
| Red Panda | Chinese | 60 Great Victoria St BT2 7BB | +44 28 90808700 |
| Red Panda | Chinese | Odyssey Pavilion BT3 9QQ | +44 28 90466644 |
| Suwanna | Thai | 117 Great Victoria St BT2 | +44 28 90439007 |
| The Wok | Chinese | 126 Great Victoria St BT2 7BG | +44 28 90233828 |

Galway vegetarian & vegan friendly eating out

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| Sev'nth Heav'n | Mexican | Courthouse Lane | +353 91 563838 |
| Vina Mara | Mediterranean | 19 Eyre Street | +353 91 561610 |

Sligo vegetarian & vegan friendly eating out

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| Bagel Factory | Fast Food | Barrack Street | |
| Cosgrove & Son | General | Market Street | |
| Sher-E-Punjab | Indian | Market Street | |
| The Atrium | Cafe | Niland Gallery, The Mall | +353 71 914 1418 |

Kilkenny vegetarian & vegan friendly eating out

| | | | |
|------------------------|---------------|----------------|------------------|
| Cafe Sol | Mediterranean | William Street | +353 56 776 4987 |
| Emerald Gardens | Chinese | 49 High Street | +353 56 61812 |

Co. Wicklow vegetarian & vegan friendly eating out

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| Escapade | Irish | Bray | |
| Escape | Irish | 1 Albert Avenue, Bray | +353 1 2866755 |

Wexford vegetarian & vegan friendly eating out

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| Emerald Gardens | Chinese | 117 Main Street, Wexford | +353 53 24836 |
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Meath vegetarian & vegan friendly eating out

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| Sonaire | Cafe | National Ecology Centre, The Ninch, Laytown | +353 41 27572 |
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Louth vegetarian & vegan friendly eating out

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| Himalayan Brasserie | Indian | 35 James St, Drogheda | +353 41 9831423 |
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Leitrim vegetarian & vegan friendly eating out

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| Shamrai | Indian | Carrick On Shannon | |
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Westmeath vegetarian & vegan friendly eating out

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| Kin Khao Thai | Thai | Abbey Lane, Athlone | +353 90 6498805 |
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